

Lesson for K-5: Be a Climate Helper!

Overview: Students will develop *social emotional skills* to offer **help** and assistance. They will apply the skills mastered to scenarios around **climate change**.

Lesson	Time	Essential Questions	Activity	Conclusion
Be a Climate Helper!	20-25 minutes	<p>What does it mean to help?</p> <p>Who do we help?</p> <p>What does it mean to struggle with something?</p> <p>What does helping others look like?</p>	<p>Together as a class, discuss what “help” means. Explain that the word “help” refers to using your strengths to help others. Why do we help others? Make a list with students. Some examples: its kind, makes you feel good...</p> <p>Discuss how the planet is struggling and needs our help. Ask students to think about what they would say to the earth to offer help. What would they do? What kind of action could they take?</p> <p>Make a list together. Then students will write a letter to Earth saying what they would do to help.</p>	<p>Students will use social emotional skills learned and apply them to ideas on how to protect the planet. This will have students apply the idea of helping to do something bigger than themselves, as important and impactful.</p>

Additional Resources:

Speak Up Molly Lou Melon by Patty Lovell