EARTH DAY MENU

AT HOME

CLIMATE LITERACY
• Use an Advocacy Packet to start advocating for sustainable initiatives in your community.
• Sign the letter to demand climate education from our global leaders.
• Explore our toolkits to learn about environmental issues and take action!

GLOBAL EARTH CHALLENGE
• Download the Global Earth Challenge app and collect data about air quality, plastic pollution, insects, and food in your community.
• Use the air quality, plastic pollution and insect lesson plans for fun activities to do from home!

ARTISTS FOR THE EARTH
• Repurpose materials from around your house into new items.
• Draw or paint what you want a sustainable future to look like. Write a creative story about this green future!
• Write a song about the Earth!

FOOD & ENVIRONMENT
• Implement Meatless Mondays, or swap one meal a day to plant-based.
• Calculate your carbon foodprint and set goals to reduce it!
• Challenge each other to see who can make the best plant-based dinner during Earth Week.
• Try some of our climate-friendly recipes!

PLASTIC POLLUTION
• Count how many single use plastic items you have in your bathroom and kitchen. Research alternatives you can use to replace them.
• Write your local officials to implement a plastic bag ban.
• Research where to send hard to recycle items like toothbrushes and markers.

BIODIVERSITY
• Plant a pollinator garden in your yard or in containers.
• Make an insect hotel to give bugs a safe place to live.
• Designate areas of your yard as natural areas - don't mow, let native plants grow!
• Find eco-friendly alternatives to your cleaning and lawn-care products.

Visit EARTHDAY.ORG to learn more